



**Product:** 08066  
**Description:** HEARTS OF PALM/1 LB PKG  
**Packaging:** LB

**Description**

---

AVAILABLE ALL YEAR  
SOURCE: CENTRAL AND SOUTH AMERICA, HAWAII AND THE PACIFIC RIM  
HANDLING TIPS: STORE BETWEEN 40-45 DEGREES F  
GENERAL INFO: PEEL-OFF THE OUTER HUSK, REVEALING THE INNER MARROW, OR MEAT. THIS MEAT IS KNOWN AS THE HEART, AND MAY BE ENJOYED RAW, STEAMED, STIR-FRIED OR MARINATED. IT HAS A NUTTY FLAVOR, WITH HINTS OF ARTICHOKE HEART. TERRIFIC IN SALADS AND VEGETABLE TRAYS